Good afternoon, everyone.

Today, I'd like to talk to you about something that affects us all and is crucial for our future: adopting eco-friendly habits. As students, we have a unique opportunity to make meaningful changes that not only benefit the environment but also set a positive example for others. Let's start with something simple--reducing waste. Consider using reusable water bottles and lunch containers instead of single-use plastic ones. This small change can significantly cut down the amount of waste we produce each day.

Next, think about how you commute. If possible, opt for walking, cycling, or carpooling rather than relying on individual car rides. Not only will this reduce your carbon footprint, but it can also save money and improve your health.

In school, make an effort to recycle and compost. Separate your waste correctly--paper, plastic, and organic material. Encourage others to do the same. When we all contribute, the impact is powerful. Finally, be mindful of your energy use. Turn off lights when you leave a room and unplug devices when they're not in use. These actions help conserve energy and reduce the demand on our planet's resources. By adopting these eco-friendly habits, we contribute to a healthier, more sustainable world. Let's be the generation that makes a difference. Together, we can create lasting change.

Thank you for your attention and commitment.