

Hello everyone,

Today, I want to talk about something that affects many of us--bullying. Bullying can make people feel alone, scared, and helpless. But I am here today to remind you that you are not alone and together we can make a difference.

Imagine a world where kindness and support are the norm. We are all a part of creating that world. Each time we choose to be kind and stand up for someone, we make our community stronger and more supportive.

Remember, it's okay to reach out for help. There are friends, teachers, and counselors who want to help you. And for those who witness bullying, you have the power to change the situation. Speak up, show support, and be a friend to someone in need.

Let's make a promise today to be kind, to listen, and to stand up for what is right. Together, we can make our school a safe and welcoming place for everyone.

Thank you.