

Ladies and gentlemen,

Thank you for giving me the opportunity to speak today. I'm here to address a concern that affects us all--our cafeteria's food choices. We all understand the importance of maintaining a healthy lifestyle, and our food choices play a significant role in that.

Currently, the options available in our cafeteria lean heavily towards processed, high-calorie foods that do not support our health objectives. These choices are convenient, but they can have long-term impacts on our well-being.

Let's consider introducing more fresh fruits, vegetables, and whole grains. Providing healthier options will not only support our individual health goals but will also create a more health-conscious environment for everyone.

Together, we can make small changes that have a big impact. Thank you for listening and for your commitment to promoting a healthier community.