

Ladies and gentlemen, friends and soon-to-be experts in diaper changing, First, let's all take a moment to appreciate the fact that [Colleague's Name] has somehow tricked us into thinking we're here for a party, when in reality, we're all going to be learning crucial lessons in peek-a-boo and how to dodge baby spit-up!

As we gather here to celebrate the upcoming arrival of [Colleague's Name]'s little bundle of joy, let's not forget the most important skill they'll need: surviving on caffeine and hope. It's like college all over again, minus the all-nighters at the library. This time, it'll be 3 AM lullabies and starring in your own hit musical, "The Sleep Deprivation Chronicles."

Now, don't worry, [Colleague's Name], you're not alone in this. You've got a whole team of experienced parents here, ready to offer wisdom, advice, and probably more unsolicited stories about 'that one time when the diaper didn't stay on.'

Your little one is already so loved and hasn't even arrived yet. We all know they're going to be as amazing as their parent, a remarkable multi-tasker who can somehow juggle work, sports stats, and six cups of coffee without breaking a sweat.

So, here's to endless love, laughter, and a lifetime supply of diapers. Congratulations, [Colleague's Name], on the adventure of a lifetime. We can't wait to meet the newest member of our work family, who I'm sure will quickly become the most popular person around here!

Cheers!