

Hey [Friend's Name],

I just wanted to take a moment to talk to you about something that's been on my mind. I realize I messed up, and I want to sincerely apologize for my actions. I didn't mean to hurt your feelings, and I'm truly sorry for any pain I caused.

Our friendship means a lot to me, and it was never my intention to put that at risk. I value the good times we've shared and the connection we have. I hope we can move past this, and I'm here to do whatever it takes to make things right.

Please let me know how you feel and if there's anything I can do. I'm hopeful we can mend this and come out even stronger. Thanks for being patient with me.

Take care,

[Your Name]