

Hey [Name],

I hope you're doing well. I've been reflecting on what happened and I really want to express how truly sorry I am for the misunderstanding between us. It was never my intention to hurt you, and I'm deeply regretful for any pain I caused.

I realize now that I should have listened more and spoken less. I understand where I went wrong, and I promise to be more mindful and respectful of your feelings in the future.

Your friendship means the world to me, and I hope we can work through this together. Please let me know if you're willing to talk things over-- I really want to make things right.

Thank you for your understanding and patience.

Take care,

[Your Name]