Ladies and gentlemen,

I stand before you today with a heavy heart and a sincere desire to express my deepest apologies. I recognize that my actions have caused hurt, disappointment, and confusion, and for that, I am truly sorry. In reflecting on my behavior, I realize that I fell short of the standards I hold myself to and those you expect from me. I want to be clear that this is a moment of learning and growth for me. Please know that I am committed to making amends. I am taking the steps necessary to ensure that this doesn't happen again. Your trust means so much to me, and I am determined to earn it back, day by day. Thank you for giving me the opportunity to apologize. I am hopeful for the chance to prove my sincerity through my actions moving forward. Thank you.