Ladies and gentlemen,

I stand before you today with a heart full of sincerity and a mind seeking understanding. I have made choices that did not reflect the respect and consideration each of you truly deserves, and for that, I am deeply sorry.

I want to be honest and acknowledge my mistakes without making excuses. It's important to me that you know how genuinely I regret any hurt I have caused. This isn't a position where pride has any place, and that is why I have to own up to my actions completely.

I am committed to learning from this experience and ensuring it paves the way for better decisions in the future. I hope to gain back your trust and respect through both my words and my actions moving forward. Thank you for giving me the chance to express my apology.