Dear [Teacher's Name],

I hope this message finds you well. I am writing to sincerely apologize for my behavior in class recently. I realized that my actions were disrespectful and disruptive, and I truly regret any discomfort or inconvenience I caused.

Please understand that it was never my intention to undermine your authority or disturb the learning environment. I am committed to making amends and ensuring that such an incident does not repeat itself in the future.

I appreciate your dedication and patience, and I am grateful for the opportunity to learn from you. Thank you for giving me the chance to correct my mistake.

Sincerely,

[Your Name]