

Good Morning, [Teacher's Name],

I hope you're doing well. I wanted to take a moment to sincerely apologize for my recent behavior in class. I realize that I disrupted the lesson and took away from the learning experience for both myself and my classmates. Upon reflection, I understand how important it is to respect the learning environment you've worked hard to create.

I am truly sorry for my actions and any inconvenience I caused. I am committed to improving my behavior and ensuring it doesn't happen again. Thank you for your dedication and patience, and for giving me the chance to make things right.

Sincerely,

[Your Name]