Dear [Teacher's Name], I hope you're doing well. I'm writing to sincerely apologize for my recent behavior in class. I realize that my actions were disrespectful and disruptive, and I'm truly sorry for any difficulty or inconvenience I caused you. I understand the importance of maintaining a positive and respectful classroom environment, and I regret not upholding these standards. I am committed to making sure it doesn't happen again and to improving my attitude moving forward. Thank you for your patience and understanding. I really appreciate your guidance and support, and I'm grateful for the opportunity to learn from you. Sincerely, [Your Name]