Dear [Teacher's Name],

I hope this message finds you well. I am writing to sincerely apologize for my recent behavior in class. I realize that my actions were disruptive and disrespectful, and I deeply regret not meeting the standards expected of me as a student in your class.

I understand the importance of creating a positive learning environment, and I am truly sorry for any inconvenience or disturbance I caused. Please know that it was not my intention to undermine your efforts or the learning experience of my classmates.

I assure you that I am taking this matter seriously and am committed to improving my conduct. I value your guidance and the knowledge you impart, and I am determined to demonstrate greater responsibility moving forward. Thank you for your understanding and patience. I hope to rebuild your trust and make the most of the opportunities to learn in your class. Sincerely,

[Your Name]