

Good morning, [Teacher's Name],

I hope you're doing well. I wanted to take a moment to sincerely apologize for my behavior in class yesterday. I realize that my talking disrupted the lesson, and it was disrespectful to both you and my classmates.

I take full responsibility for my actions and am committed to ensuring it doesn't happen again. I'm ready to accept any consequences and am eager to make amends. Thank you for your understanding and patience.

Sincerely,

[Your Name]