

Dear [Teacher's Name],

I want to sincerely apologize for my behavior in class. I realize that I disrupted the lesson and did not show you or my classmates the respect you deserve. I am truly sorry for my actions.

It was not my intention to undermine your authority or the learning environment. I understand now how my actions affected everyone and I regret any inconvenience I caused.

I am committed to improving my behavior and ensuring this doesn't happen again. Thank you for your patience and understanding.

Sincerely,

[Your Name]