

Good morning, everyone. Today, we're focusing on safety in our workplace. Here are the key points:

1. **PPE Usage**: Always wear your personal protective equipment--helmets, gloves, and safety glasses are a must.
2. **Emergency Exits**: Know the location of all emergency exits. In case of an emergency, remain calm and proceed to the nearest exit.
3. **Proper Lifting Techniques**: When lifting heavy objects, bend your knees and keep your back straight to avoid injury.
4. **Hazardous Materials**: Handle all chemicals with care, following the appropriate guidelines and using the right safety gear.
5. **Report Incidents**: Immediately report any accidents or unsafe conditions to your supervisor.

Remember, safety is everyone's responsibility. Stay alert and prioritize your well-being at all times. Thank you.