Ladies and gentlemen, athletes and champions in the making! Today is the day we've all been waiting for! A day filled with energy, excitement, and endless possibilities! Each one of you has worked tirelessly, pushing boundaries and showing immense dedication to be here today. Your passion and commitment are truly inspiring! As we gather here for team selection, remember that this is just the beginning of an incredible journey. Each play, each move, and every ounce of effort you put in counts. Whether your name makes the list today or not, know that every single one of you is a vital part of this sports community. You've shown heart, resilience, and a spirit that cannot be matched! For those who get selected, this is your moment to shine, to push harder, to train like never before and make your mark. For those who don't, remember that this is just one step in your journey. Keep your head high and your spirits higher because your time will come! We are all rooting for you, every single one of you. So let's have an amazing selection day, and show everyone what you're made of. Go out there and give it all you've got, because you are all winners in our eyes!

Let's go, team!