

Good morning everyone,

Thank you for being here today. We're gathered to talk about something important and close to many of our hearts--bullying. It's a tough topic, but together, we can make a difference.

Every one of us has the power to create a kinder, more inclusive environment. Imagine walking through our hallways where everyone feels safe and respected. That vision starts with each of us.

Bullying isn't just physical; it can be words or exclusion. It's hurtful and leaves deep scars. If you've been bullied or have seen others being bullied, know you're not alone. We stand with you.

Let's be advocates for compassion. If you see someone being bullied, support them. Speak up. Small acts of kindness can brighten someone's day and change the culture around us.

Lastly, if you ever feel overwhelmed, remember that teachers and counselors are here to help. Let's work together to make our school a place where everyone feels valued.

Thank you for listening and for your commitment to making a positive change. Let's support each other and make our school a bully-free zone. Have a great day, everyone.