

Ladies and gentlemen, thank you for gathering here today. We stand united in a cause that can no longer wait. Mental health is not just a personal issue; it is a societal imperative. Millions are suffering in silence, and the time for change is now.

We all know someone who has been touched by mental health challenges. It might be a friend, a family member, or even ourselves. The stigma, the lack of resources, the absence of comprehensive support--these are failures we must confront with urgency.

Let's raise our voices and demand action. We need more funding for mental health services. We need policies that reflect the true nature of mental health struggles. We need communities that understand, support, and lift up individuals facing these battles.

It's time to break the silence and break the stigma. Let's press for education, advocate for change, and push for a future where mental health is treated with the seriousness it deserves. Together, we can and must make a difference.

Join me in this fight. Let's make mental health a priority, because change cannot wait. Thank you.