Hey [Sister's Name],

Happy Birthday! I can't believe how fast time flies. It feels like just yesterday we were kids causing chaos together. I'm so lucky to have you as my sister and best friend. Thanks for always being there with your love and support.

I hope today brings you as much happiness and laughter as you've brought into my life. You deserve all the good things in the world. Let's make this year the best one yet!

Love you tons,

[Your Name]