

Subject: Resignation Due to Health Reasons

Dear [Manager's Name],

I hope this message finds you well. It is with a heavy heart that I submit my resignation from my position at [Company Name], effective [Last Working Day, typically two weeks from the date of the letter].

Over the past few months, I have been dealing with some health challenges that have made it increasingly difficult for me to give my best at work. After careful consideration, I believe it is in the best interest of both my health and the team to step down from my role.

I am truly grateful for the opportunities and support I've received during my time here. Working with such a talented and dedicated team has been a rewarding experience, and I have learned so much.

Please let me know how I can assist during the transition period. I am committed to ensuring a smooth handover of my responsibilities.

Thank you once again for your understanding and support.

Warm regards,

[Your Name]