

Ladies and gentlemen,

I stand before you today with a heart full of gratitude and a deep sense of humility. For years, I battled an addiction that took over my life. It was a journey fraught with challenges, pain, and countless moments of doubt. But today, I am here to speak about recovery, a path that has brought me newfound hope and strength.

First, I want to acknowledge those who walked this journey with me-- friends, family, and mentors. Your unwavering support and belief in my ability to overcome meant more than words can express. You reminded me of my worth when I had forgotten.

To those struggling with addiction, know that recovery is possible. It is not an easy road, and it requires a commitment to facing ourselves and our circumstances with honesty and courage. But through persistence and the willingness to accept help, healing can happen.

Thank you to everyone who has been part of my journey. Today, I embrace my life with open arms, ready to continue this journey with resilience and hope. Together, let us support and lift each other, cherishing each step forward.

Thank you.