Sure, here's a straightforward example:

"Hi [Best Friend's Name],
I've thought a lot about this and I want to be direct. We have an amazing
friendship that means the world to me. I deeply value our bond,
understanding, and the way we support each other. With that in mind, I
feel strongly about taking our relationship to the next level.
Would you consider becoming not just my best friend, but my partner in
life? I believe we have the foundation for something incredible.
Please take your time to think about it, and we can discuss this further
whenever you're ready.

Thanks for listening."

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