Ladies and gentlemen, boys and girls,

Today, I want to talk to you about something very important—something that affects many of us, whether we realize it or not. It's school bullying. I know, it can be a tough topic, but it is one we need to address so we can make our school a supportive and welcoming place for everyone.

Imagine a school where everyone feels valued, respected, and accepted for who they are. It's not just a dream—it can be our reality. We all have the power to make a difference. Each and every one of you can be a beacon of kindness and positivity. Together, we can create an environment where bullying isn't just discouraged; it's completely nonexistent.

So, how do we do it? Start by standing up for one another. Look out for your friends and classmates. If you see someone being bullied, reach out to them. Let them know they are not alone. Yes, it takes courage, but remember, you are stronger than you think.

Let's also focus on empathy. Try to understand what others might be going through. A simple "Are you okay?" can mean the world to someone who feels isolated. Your words have the power to heal, just as much as they have the power to hurt. Choose them wisely.

Teachers and staff, we count on you as well. Lead by example. Foster an atmosphere of open communication and trust, where students feel safe to speak up and share their experiences.

Remember, our strength lies in our unity. Let's work together to ensure our school is a place where everyone feels at home, where we celebrate our differences, and where we lift each other up, not tear each other down.

Thank you, and let's make today the day we commit to making our school a better place for everyone.