

Hi Mom and Dad,

I hope you're both well. I've been thinking a lot about our recent conversations and I realize that there may have been misunderstandings between us. I really want us to move forward in a positive way.

It's important for me to listen to your perspectives, and I'd love for us to sit down and chat about how we can support each other better. Maybe we can find a way to meet in the middle on some of the things we've discussed.

I really appreciate everything you've done for me, and I want us to have a relationship where we can openly share and solve any issues together.

Let me know when would be a good time to talk.

Looking forward to working this through with you.

Love,

[Your Name]