Ladies and gentlemen,

I stand before you today with a heavy heart, acknowledging the mistakes I have made in the past. I want to sincerely apologize for my actions and the impact they had. I realize that my decisions have hurt others and have caused disappointment and distrust.

I deeply regret my behavior and have spent considerable time reflecting on how I can make amends. I am committed to learning from these mistakes and ensuring they are not repeated. Moving forward, I promise to act with greater understanding and integrity.

Thank you for your patience and for giving me the opportunity to express my heartfelt apology. I am dedicated to rebuilding trust and making things right.

Thank you.